



# APDA GOLF CLASSIC

*Same great cause, with a fun new twist!*

**MAY 15, 2023**

**11:00AM - 3:00PM**

**TopGolf**

**16851 N Outer 40 Rd., Chesterfield, MO 63005**

## *Featuring*

- *2 rounds of TopGolf's Exclusive TopContender Tournament game*
- *Live Team Leaderboard*
- *Lunch, open bar, and non-alcoholic beverages*
- *Prizes for 1st, 2nd, and 3rd place teams*
- *Hole-in-One Challenge with a \$10,000 cash prize*
- *Goody bag of unique give-aways*

Questions? Contact Jen McNamee at  
[jmcnamee@apdaparkinson.org](mailto:jmcnamee@apdaparkinson.org) or 636-681-3435



## APDA Golf Classic at Top Golf, May 15, 2023, 11 AM to 3 PM

Reference – Attached Color Flyer

Reservations can be made through the APDA link found on the QR code



or using the link below:(PDF).

Direct link for reservations -

<https://secure.qgiv.com/for/aslc/event/865103/>

I'm Dave Wicks, Metro Seniors member in Division 1 since 2010. I am sponsoring the information for the American Parkinson's Disease Association Golf Fundraiser. If you have any questions on the event, Parkinson's Disease or APDA. I am here to help.

My wife, Linda was diagnosed a little over a year ago with Parkinson's Disease.

**Our involvement with the involvement in the American Parkinson's Disease Association (APDA) has been the best thing for her (and me).** We go to the Chesterfield APDA headquarters about 4 or 5 times a week for exercise programs. These have been really almost like magic for Linda. We are also involved with support groups. We have become "ambassadors", helping newly diagnosed PD and getting them involved in APDA programs.

The APDA of Greater St. Louis chapter is one of the largest in the country. They fund a wide range of programs for education, patient and caregiver support, and exercise. APDA's services are FREE to patients and caregivers. During the pandemic they started YouTube and Zoom virtual exercise programs. They are the national leader and now have hundreds of programs online that are free for anyone. Link for more information <https://www.apdaparkinson.org/community/st-louis/>

They also fund research programs at the Advanced Center for Parkinson's Disease at Washington University. Link for more information on Wash U programs.

<https://movementdisorders.wustl.edu/research/advanced-center-for-parkinsons-research/>

David Wicks

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